



Question. Persuade. Refer.

Free Suicide Prevention Training

QPR stands for Question, Persuade, and Refer.

3 simple steps anyone can learn to help save a life from suicide. People trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone at risk to get the help they need.

In This QPR training you will learn to:

- Recognize the warning signs of suicide
- Know how to offer hope
- Know how to get help and save a life

When & Where:

September 25th, 2019

6:00 pm to 8:00 pm

181 Glendale Town Road

Glendale, OR 97442

Register Online OR Just Show Up:

<https://www.eventbrite.com/e/qpr-question-persuade-refer-tickets-70535659055>

Questions: paigh@adaptoregon.org (541) 492-0170

