

# Adapt Youth & Family

## *Services for Foster Families*

We're delighted to partner with DHS to support you in caring for your foster youth. Our team is committed to helping you navigate the healthcare system with ease.

## Accessing Services

**Location:** 548 S.E. Jackson St. | Roseburg, OR 97470

**Open Access Hours:** Monday - Thursday, 9:00 AM - 3:00 PM

- **What to Bring:** Please bring the DHS Placement Form for signing forms and for clear communication. If the youth is 14 or older, they can sign their documents.
- **Records:** You'll need to fill out a form to release the youth's past health records.
- **Initial Assessment:** Before assigning a therapist, an initial check-up is required.
- **Wait Time:** You can usually see a therapist 1 to 2 weeks after the assessment. This might vary depending on insurance.

## Crisis Information:

- **Call Anytime**
  - (541) 440-3532 or (800) 866-9780
- **Non-Emergency Mobile Crisis:**
  - (541) 440-4471
- **Emergencies:**
  - Dial 911 and request mobile crisis



Integrated Health Care



*"An Oregon leader in patient-centered primary care, behavioral health care, and prevention."*

@adaptoregon

# Medication Management

- **First Steps:** An initial assessment and three therapy sessions are required before meeting with a licensed medical provider (LMP).
- **Existing Prescriptions:** We can't refill medications not initially prescribed by our LMP.
- **Role of Therapists:** They can't prescribe medicine but will guide you through therapy sessions and refer you to the LMP.
- **Health Check-Up:** The youth should have had a well-child exam in the past year.
- **Primary Care:** We can help schedule an appointment with an Adapt primary care provider upon request.

# Rights of Minors

In Oregon, minors aged 14 or older can get outpatient mental health or drug treatment without parental consent. They can also choose not to share this information with you unless there's a risk of self-harm or abuse.

---

# Frequently Asked Questions

## What if I don't have the DHS Placement Form?

- Get in touch with your DHS caseworker or Foster Home Certifier.
- Check in with the DHS resource parent support group for advice.

## What if I'm not satisfied with Adapt's services?

- Speak directly to your DHS caseworker about any concerns.
- Let us know, and we can escalate it to Adapt's supervisory staff for you..

## What if there's an existing appointment?

- Bring the DHS Placement Form for updating contact info.

## What if my youth's medication runs out?

- Contact your DHS caseworker.
- Try getting a temporary refill from the existing provider.
- Talk to your Foster Home Certifier.
- Join DHS resource parent support group for more help.